

METHODOLOGY

The NSS Volunteers and Programme Functionaries involve themselves under Regular Activities and Special Camping Programmes in order to achieve the objective of the Scheme.

Regular Activities:

Under this, the NSS Volunteers are expected to render community service for 120 Hrs. in a year and specific and need-based programmes are usually taken-up as detailed below:

- 20 Hrs. : General Orientation
- 30 Hrs. : Higher Education and Employment Opportunities
Entrepreneurship Development Programme,
Soft skills Development
- 26 Hrs. : Leadership Qualities and Personality Development
Yoga and Meditation, First Aid and Disaster
Management, Health and HIV/AIDS Awareness,
Consumer Awareness, Road Safety and Training in
Driving.
- 44 Hrs. : Need-based activities in the adopted areas.

Each unit is expected to adopt a village / slum and carry out activities for a continuous period of three to five years for the overall development of the area.

Mandatory Programmes identified for students:

In addition to the existing programmes, the Directorate has identified the following as mandatory programmes to be carried out for the development of volunteers:

- Leadership Motivation and Personality Development Camps
- Training / Demo / Drill in Disaster Management
- Career Guidance and Entrepreneurship Development programme
- First Aid Training
- Driving Training and Road Safety programme
- Training in Soft Skills
- Awareness Programmes on Health related issues
- • Yoga and Meditation and inculcating Moral and Ethical values

DOTE level Special Programmes:

- ❖ Regional level Programme Officers' Review Meetings.
- ❖ Crash Training Programme for untrained Programme Officers.
- ❖ DOTE level NSS Awards Presentation
- ❖ Training Workshop on Disaster Management
- ❖ Three days Leadership Motivation Camps
- ❖ Workshop on Career Guidance and Soft Skills Development
- ❖ NSS Day
- ❖ National Youth Day
- ❖ World AIDS Day
- ❖ Workshop on Road Safety and Safe Driving

Special Camping Programme:

Camps of seven day duration are organized in adopted villages / slums with the specified theme identified by Ministry of Youth Affairs and Sports, Govt. of India by involving local youth along with our NSS volunteers. The students' participation in the Special Camp is the learning process through objective observations and democratic participation.

Main Objective:

The main purpose of camping under National Service Scheme is Education. The classroom education helps the students to get a Degree / Diploma, but the camps provide life style education. The camp helps to broaden the outlook of the students and develop in them, a sense of national consciousness and social responsibility. It inculcates in them self-discipline and develops dignity of labour. It offers an opportunity to the student youth to work with the rural youth and comprehend various issues in their right perspective. It also helps them to apply their intellectual pursuit to find solutions to the identified issues.

Group Living:

The camp also provides an opportunity to the volunteers to live and work together harmoniously with groups of students drawn from different areas belonging to different caste, creed, religion and language groups. The camp participants get an experience in mutual adjustment and adaptation to new, changing and challenging situations.

Service to community:

The students use their energy, skill, technical knowledge and the resources available in the institution for the development of the community in the adopted village.

Personality Development:

The participation of students in a well-planned special camp provide the much needed leadership qualities, courage, self-confidence, decision-making, team work, tolerance, positive attitude, early wake-up, exposure to village life and doing things on their own.

Activities carried out during Special Camp:

The NSS units of Polytechnic Colleges undertake need based technically relevant projects in the adopted villages to develop good rapport with the community.

Mandatory Programmes for community development

- ✓ Education to all programme (for students studying in 5th,8th, 10th and 12th to continue their further study),
- ✓ Cultural and Sports Activities,
- ✓ Health education and other related awareness programmes to women & children
- ✓ Training in Disaster Management to village youth,
- ✓ Awareness on Road Safety and Safe Driving,
- ✓ Medical Check-up camps
- ✓ Basic Technical training to rural youth
- ✓ Career Guidance to educated / uneducated youth,
- ✓ Self-employment training to rural women,
- ✓ Dissemination of information about Govt. Schemes — financial assistance, educational loan, medical facilities etc to the villagers.

Themes of Special Camp

The NSS Units conducted Special Camps on the following themes over the years:

- 1983-1988 Youth for Eco Development / Youth for Rural Reconstruction
- 1988-1989 Youth for Development
- 1989-1993 Youth for Mass Programme of Functional Literacy
- 1993-1995 Youth for National Integration
- 1995-1999 Youth for Sustainable Development
- 1999-2000 Youth for Healthy Society
- 2000-2002 Youth for Greenery
- 2002-2003 Youth for Water Resource Management
- 2003-2004 Youth for Cleanliness
- 2004-2006 Youth for recharging Water Resources
- 2006-2010 Healthy Youth for Healthy India

Awards and Incentives

As a token of appreciation of the outstanding contribution to the society by the NSS Volunteers, Programme Officers and Institutions, various Awards and Incentives are given from 1994-95. From the year 2008-09, i.e, the Silver Jubilee Year of NSS in the Directorate, the awards are given as hereunder:

- Polytechnic Colleges 11
- Programme Officers 14
- NSS Volunteers 17

Besides, the NSS Volunteers and Programme Functionaries are also entitled to Awards at both State and National levels.